

PSYC2314.202

Spring 2020

M/W @ 1:00

RC451

Common Course Syllabus

Department: Behavioral Sciences

Discipline: Psychology

Course Number: PSYC 2314

Course Name: Lifespan Growth and Development

Credit: 3 Lecture: 3 Lab: 0

Satisfies a core curriculum requirement? Yes, Behavioral or Social Science

Prerequisites: TSI reading compliance for INET

Available Formats: conventional; INET; ITV

Campuses: Levelland, Reese, ATC, Plainview, INET

Textbook: *Human Development: A Cultural Approach, 2e* by Jeffrey Jensen Arnett

Course Specific Instructions: go to Blackboard Learn 9 for INET classes

Course Description: This course is a study of the relationship of the physical, emotional, social, and mental factors of growth and development of children and throughout the lifespan.

Course Purpose: The purpose of this course is to introduce students to the major theories and concepts in life span development including the physical, cognitive, and psychosocial changes that occur from conception till death.

Course Requirements: To maximize the potential to successfully complete this course, the student should attend all class meetings, complete all homework assignments in a timely manner, and complete all examinations including the final exam. Internet courses require the work to be completed in specific time periods.

Course Evaluation: Please see the instructor's course information sheet for specific items used in evaluation student performance.

Attendance Policy: Whenever absences become excessive, and in the instructor's opinion, minimum course objectives cannot be met due to absences, the student may be withdrawn from the course. The typical view of excessive absences is when a student misses more than two weeks of the course.

Student Learning Outcomes: Students who have successfully completed this course will be expected to:

1. Describe the stages of the developing person at different periods of the life span from birth to death.
2. Discuss the social, political, economic, and cultural forces that affect the development process of the individual.
3. Identify factors of responsible personal behavior with regard to issues such as sexual activity, substance abuse, marriage and parenting.
4. Explain the biosocial, cognitive and psychological influences throughout the lifespan as an ongoing set of processes, involving both continuity and change.
5. Describe the different developmental perspectives of the major theories of development (i.e. cognitive, learning, humanistic and psychodynamic).
6. Identify examples of some of the cultural and ethnic differences that influence development throughout the lifespan.
7. Discuss the various causes or reasons for disturbances in the developmental process.

Core Objectives addressed:

- **Communication skills-** to include effective written, oral and visual communication.
- **Critical thinking skills-** to include creative thinking, innovation, inquiry and analysis, evaluation and synthesis of information.
- **Empirical and Quantitative skills-** to include the manipulation and analysis of numerical data or observable facts resulting in informed conclusions.

- **Social Responsibility**- to include the demonstrated intercultural knowledge and competence, knowledge of civic responsibility, and the ability to engage effectively in regional, national and global communities.

Coordinating Board Approval Number (CIP) 42.2703.51 25

SPECIFIC COURSE POLICIES

CONTACTING THE INSTRUCTOR

Name Dr. Will Crescioni

Office Location RC405A, Reese Campus

Email	wcrescioni@southplainscollege.edu				
Office Phone	(806) 716-2468				
Office Hours	Monday	Tuesday	Wednesday	Thursday	Friday
	2:30 – 5:00 (Reese)	N/A	2:30 – 5:00 (Reese)	1:00 – 3:00 (Lubbock Center)	N/A
Additional office hours available by appointment.					

INSTRUCTOR AVAILABILITY

Although this is an online class, I am still available to discuss any questions or concerns you may have. Please feel free to reach out to me in any of the following ways.

OFFICE HOURS

My regular office hours are listed at the top of the syllabus; unless I have announced otherwise, I will be available for appointments during these times. Although you are welcome to drop in unannounced, I encourage you to schedule an appointment in advance. Appointments will always take precedence over drop-ins, so it is in your best interest to schedule an appointment before arriving. If I am unable to make our scheduled appointment, I will make every effort to notify you in advance so that we can reschedule.

If you are unable to make my regular office hours, please email me, and we can work together to find a time that works for both of us.

EMAIL

Many simple matters can be handled over email. My email address is wcrescioni@southplainscollege.edu. Please be sure to read and adhere to the email rules listed below.

I do not check emails on evenings or weekends. If you send me an email between Monday morning and Friday at noon, I will make every effort to respond within 24 hours. Emails sent after noon on Friday will not receive a response until Monday.

PHONE

My office phone number is 806-716-2468. If you have a question or concern that you feel cannot be handled over email, but you do not wish to come in to my office hours, you may call my office phone during my regular Reese office hours. I do not have access to my phone during my Levelland or Lubbock office hours. If those times do not work for you, please email me so that we can find a time that works for both of us.

If I am meeting with a student in my office I will be unable to take your call. If I am unable to answer when you call, I will make every effort to return your call in a timely fashion.

THE COURSE AT A GLANCE

GRADING

- 500 total points
- Four unit tests and one final exam worth 100 points each
 - The lowest of these five tests will be dropped
- One book report worth 100 points
- Grade based on total points earned by the end of the semester
- No individual extra credits assignments
- No artificial grade boosts

TESTS

- Each test is 50 multiple choice questions
- Unit tests are non-cumulative; each test covers only the material covered since the previous test
- Final exam is cumulative; this test covers all material previously covered in the course

TEST DATES

- Test 1: February 3rd
- Test 2: March 2nd
- Test 3: April 6th
- Test 4: April 29th

BOOK REPORT

- Worth 100 points

- The book report is due March 9th by 11:59 PM
- Based on book from the provided list
- 3 – 5 pages in length
- Graded for spelling, grammar, and punctuation; following directions; and overall paper quality
- Late papers lose 25 points per day

STUDENT EMAIL

SPC has given all students access to a free email account. Email will be the primary means of communication in this course, and I expect you to check it regularly. **ALL EMAIL COMMUNICATION MUST BE CONDUCTED USING YOUR OFFICIAL SPC EMAIL.** We will often be discussing sensitive or confidential issues over email (e.g. grades). As such, I will not respond to any email other than your official SPC email address. Emails from Gmail, Hotmail, Yahoo!, etc. will not receive a response.

You can access your official SPC email account at <https://office.com>. Use your SPC credentials to log in.

Email Etiquette

It is important in this class, in all classes, and in your professional life to practice good email etiquette. This means, among other things, addressing your instructors professionally, using good spelling and grammar, and practicing good self-reliance before falling back on email. There are many excellent guides to email etiquette, but I recommend this as a starting point:

http://writingcenter.emory.edu/resources/writing_tips_resources/email_etiquette.html

COURSE EXPECTATIONS

Attendance

It is your responsibility to sign the attendance sheet before leaving class each day. Failing to sign the sheet constitutes an absence. Being late to class does not count as an absence as long as you sign the sheet before leaving class. If you are late, enter the class and quietly take your seat. Do not attempt to sign the sheet until class has ended.

Absences are considered excused only under the following circumstances:

- Personal illness or injury
- Illness or injury of family member
- Death of a loved one (for up to one week following the loss)
- Mandatory, college sponsored event

In all of the above cases, documentation must be provided. For example, if you or your child are sick, you must have a doctor's note. If you lose a loved one, you must provide an obituary, funeral program, or other official form of documentation. If you must attend a mandatory event sponsored by SPC, you must provide documentation showing that you were required to participate. Any documentation must be submitted within one week of your returning from the absence. In other words, you may not simply dump a pile of a doctor's notes on my desk the last

week of class and ask me to excuse past absences. I reserve the right to contact the individuals who provided your documentation for verification.

If you are dealing with a pervasive issue (e.g. mental illness, relationship difficulties) that does not lend itself to documentation, I encourage you to contact the SPC counseling office (<http://www.southplainscollege.edu/health/counseling.php>). They can connect you with helpful resources, potentially including coordinating with your instructors.

Administrative Drop Policy

Due to Financial Aid and South Plains College requirements for participation/attendance, students who fail to maintain satisfactory course participation may be dropped with a grade of "X" from the course. **A student who meets any of the following criteria may be dropped from the course at the discretion of the instructor:**

- **Missing five or more days of class without excused absences.**
- **Missing two or more tests without excused absences.**

Violations of any of these expectations may result in your being asked to leave the classroom. If this occurs, you will be counted absent for the day, and you will receive a zero on any graded work for that day. Repeated violations may result in your being dropped from the course.

If you use your laptop or other approved technology for any purpose other than taking notes, you may lose the privilege to use that technology in class.

REQUIRED TECHNOLOGY

BLACKBOARD

All written work in this course will be completed using Blackboard. All necessary readings are also found on Blackboard. As such, it is essential that you maintain regular access to a working computer with a reliable internet connection throughout the semester.

You can access South Plains College's main Blackboard page at <https://southplainscollege.blackboard.com/>. From there, you can see a list of all courses in which you are enrolled, including this one.

WORD PROCESSOR

All written assignments must be typed using a word processor. All SPC students have access to Microsoft Office 365, an online platform that includes Microsoft Word. You are strongly encouraged to use Microsoft Word when composing your written assignments. If you choose to use a different word processor (e.g. Google Docs or Pages), it is your responsibility to convert your file to the appropriate format before submitting. Assignments submitted in the wrong file format will not be accepted.

You can access Office 365 at <https://office.com>. Use your SPC credentials to log in. If you have any difficulty, contact the SPC help desk at <https://www.southplainscollege.edu/instructional-technology/Help.php>

CLASSROOM BEHAVIOR

I have the following expectations for your behavior while you are in this class:

- Cell phones will be put away completely out of sight.
- No conversations will occur among classmates. The only talking you should be doing is to ask me a question or to respond to a question I have asked.
- If you are using a laptop, it will only be used to take notes.
- You will not read a book, the newspaper, work on crossword puzzles, or otherwise engage in activities not related to the class.
- You will not sleep.

ASSIGNMENTS

TESTS

(4 @ 100 points each): There will be four unit tests and one comprehensive final exam in this course. Each test is worth 100 points. I will drop your lowest test score when computing your final grade. Makeups for missed exams may be offered in cases of documented personal injury or illness, serious injury or illness of a family member, death in the family, or college sponsored events (e.g. sports).

Be sure to consult the exam schedule and inform me **in advance** if you know that you will be unable to attend an exam session due to an approved absence. All other absences (including but not limited to: oversleeping, car/transportation trouble, work, vacation, friends' wedding, your wedding, etc.) are not excused, and makeups will not be offered.

You must arrive to class **on-time** in order to take the exam. If you arrive after the first exam has been turned in, you will not be allowed to take the exam.

TEST DATES

Test dates will only be changed under the following circumstances:

- South Plains College Reese campus is closed
- I am unable to come to class, and I am unable to find a proctor to administer the test in my absence

Should either of the above occur, I will contact you as soon as possible with a new test date.

Tests will not be canceled or delayed due to failure to keep pace with the scheduled material. Should we fail to cover all scheduled material prior to a test, then that test will cover only the material that we did cover. Any material not covered will be shifted to the next test. It is important that you attend to class regularly to ensure you know what material will be covered on each test.

MISSED TESTS

At the end of the semester, I will drop your lowest test grade. If you miss any ONE test for any reason, the resulting zero will be dropped from your grade calculation.

If you take all four of the unit tests, then you may use the drop policy to exempt yourself from the final exam. In other words, if you have taken all four regular semester tests, then you may skip the final.

You may also choose to take all five tests (the four unit tests and the final exam). If you do so, then I will drop the lowest grade from among these five from your final grade calculation. For example, if your five test grades were 78, 67, 84, 89, and a 91 on the final exam, the “67” would not be counted in your final grade calculation.

MAKEUPS

Makeups will be given only with documentation, and only under the following circumstances:

- Mandatory, college-sponsored activity (e.g. basketball game)
 - Acceptable documentation: email from coach or faculty member
- Personal injury or illness
 - Acceptable documentation: doctor’s note
- Illness or injury of child
 - Acceptable documentation: doctor’s note
- Death of a loved one within one week of the test date
 - Acceptable documentation: obituary, funeral program

The following list includes some absences that would not qualify for a makeup, even with documentation. Note that this list is not exhaustive.

- Family emergency
- Family vacation
- Lack of childcare
- Work
- Car trouble
- Wedding (yours or someone else’s)
- Scheduled elective medical procedures
- Non-emergency dental care

One missed test for which the student cannot provide documentation of an approved absence can be dropped using the dropped policy. Additional missed tests will count against the student’s final grade and may result in administrative drop.

BOOK REPORT

(100 points)

You will select one book from the following list to read during the semester.

BOOK CHOICES

Choose one of the following books for your book report:

- *Brain Rules for Baby*, by John Medina
- *Brain Rules*, by John Medina

- *Popular*, by Mitch Prinstein
- *The Teenage Brain*, by Frances E. Jensen
- *Make it Stick: The Science of Successful Learning*, by Peter C. Brown, Henry L. Roediger III, and Henry L. Roediger III

You will then write a 2 - 3 page double spaced document that addresses the following points:

1. What is the main idea of the book? Summarize, in a few paragraphs, the main points the book makes.
2. Select one study or example from the book and explain it in detail. Why do you think this study or example is important?
3. What is one thing you learned from this book that you think you could incorporate into your own life?
4. What is one thing you learned in this book that you think everyone should know? Why?

Detailed instructions and an assignment rubric will be made available via Blackboard.

MAKE-UPS AND LATE WORK

EXAMS

Individual make-ups will only be offered in cases of documented illness, injury, death in the family, or university sponsored events. Vacations, family trips, weddings, etc. **are not** considered excused absences.

BOOK REPORT

Your research paper deadline is inflexible. Late papers will only be accepted in the event that a serious illness or injury prevented you from being able to turn the paper in on the due date.

GRADING

Your grade in this class will be based entirely on your Exams and Research Paper. Extra credit may be offered to the entire class at the instructor's discretion, but individual extra credit and artificial grade boosts (e.g. "I just need *one more point* to get an A! Please! Pretty please!") will never be offered.

Your current grade will always be accessible to you via Blackboard; I strongly encourage you to monitor your grade throughout the semester and to contact me as soon as you have any concerns. If you get in touch with me early, we can work together to help overcome the obstacles you may be facing; if you wait until the end of the semester it may be too late. Remember, I am here to help – you just need to ask!

Exams	400 points
Book Report	100 points
Total	500 Points

TECH SUPPORT

BLACKBOARD TECHNICAL SUPPORT

Support for issues relating to Blackboard can be obtained via the “Blackboard Support” link in the course Blackboard page, by visiting https://help.blackboard.com/en-us/Learn/9.1_2014_04/Student, or by calling (800) 424-9299. Issues for which you should use this route include, but are not limited to:

- Inability to access Blackboard page (e.g. page will not load)
- Inability to access specific content within the Blackboard page (e.g. assignments, lecture videos)

ADA STATEMENT

Students with disabilities, including but not limited to physical, psychiatric, or learning disabilities, who wish to request accommodations in this class should notify the Disability Services Office early in the semester so that the appropriate arrangements may be made. In accordance with federal law, a student requesting accommodations must provide acceptable documentation of his/her disability to the Disability Services Office.

For More information Contact

Levelland

Linda Young

Disability Accommodations Specialist

1401 S. College Ave.

Levelland, TX 79336

Phone: 806-716-2577

Fax: 806-897-0371

lyoung@southplainscollege.edu

Reese

Dawn Valles

Coordinator of Disability Services Reese

819 Gilbert Drive

Lubbock, TX 79416

Phone: 806-716-4675

dvalles@southplainscollege.edu

DIVERSITY STATEMENT

In this class, the teacher will establish and support an environment that values and nurtures individual and group differences and encourages engagement and interaction. Understanding and respecting multiple experiences and perspectives will serve to challenge and stimulate all of us to learn about others, about the larger world and about ourselves. By promoting diversity and intellectual exchange, we will not only mirror society as it is, but also model society as it should and can be.

ACCESSIBILITY STATEMENTS

BLACKBOARD

<https://www.blackboard.com/platforms/learn/resources/accessibility.aspx>

COURSE SCHEDULE

Date	Day	Topic
13-Jan	Mon	Course intro
15-Jan	Wed	Fundamental concepts and terminology
20-Jan	Mon	No Class - MLK Day
22-Jan	Wed	Prenatal development
27-Jan	Mon	Birth and neonatal development
29-Jan	Wed	Unit 1 Spillover Day
3-Feb	Mon	Exam 1
5-Feb	Wed	Physical development during the first three years
10-Feb	Mon	Cognitive development during the first three years
12-Feb	Wed	Psychosocial development during the first three years
17-Feb	Mon	Physical development in early childhood
19-Feb	Wed	Cognitive development in early childhood
24-Feb	Mon	Psychosocial development during early childhood
26-Feb	Wed	No Class - SPSP
2-Mar	Mon	Exam 2
4-Mar	Wed	Physical development in middle childhood
9-Mar	Mon	Cognitive development in middle childhood; Book Report Due
11-Mar	Wed	Psychosocial development in middle childhood
16-Mar	Mon	No Class - Spring Break
18-Mar	Wed	No Class - Spring Break
23-Mar	Mon	Physical Development in Adolescence
25-Mar	Wed	Cognitive development in adolescence
30-Mar	Mon	Psychosocial development in adolescence
1-Apr	Wed	Exam 3
6-Apr	Mon	Physical and cognitive development in early adulthood.
8-Apr	Wed	Psychosocial development in early adulthood.
13-Apr	Mon	No Class – Easter Break
15-Apr	Wed	Physical and Cognitive Development in Middle Adulthood
20-Apr	Mon	Psychosocial Development in Middle Adulthood
22-Apr	Wed	Physical and Cognitive Development in Late Adulthood
27-Apr	Mon	Psychosocial development in late adulthood.

29-Apr

Wed

Exam 4

Note: course schedule is subject to change