

# PSYC2314 – LIFESPAN, GROWTH, AND HUMAN DEVELOPMENT

## COVID-19 POLICIES

Because of the ease with which Covid-19 can be spread in an indoor setting such as a classroom, we will be following strict classroom policies designed to reduce the risk that anyone in our class transmits or contracts Covid-19 while in the room. These rules are in place to keep you, your classmates, and me safe. If you ever have any questions or concerns about these policies, please don't hesitate to reach out to me.

Note that any change in SPC policy regarding masks or vaccination may result in a change to these classroom policies.

## MASKS

My wife and I are both vaccinated, as are my parents. My three-year old daughter, however, cannot yet be vaccinated. Further, both my parents are elderly and in poor health; my father is a cancer survivor with a pacemaker and my mother is on oxygen for COPD. If either of them got Covid it could be fatal despite their best efforts to protect their health through vaccination. **I will not endanger their lives by risking exposing them to Covid due to contact with unmasked, unvaccinated individuals in the classroom.**

As such, it is the policy of this class that masks be worn at all times while in class. Students who choose not to mask have the option of attending this hybrid class virtually. Any student who refuses to mask while in class will be asked to leave. If this happens repeatedly you will be asked not to return to the classroom for the remainder of the semester.

## WHEN WILL CLASS GO FULLY ONLINE?

Class will be fully online if any of the following conditions are true:

- The number of ICU beds available in Texas Region B (the region including Lubbock) reaches 0. This means that hospitals in the city are full, and admission for any reason (Covid or otherwise) could be difficult or impossible. In this event class will remain fully online until such time as at least one ICU bed has been available in region for at least seven consecutive days. Information on ICU bed availability can be obtained here: <https://txdshs.maps.arcgis.com/apps/dashboards/0d8bdf9be927459d9cb11b9eae6101f>
- If anyone in the class (myself or a student) tests positive for Covid or has contact with someone who tests positive for Covid, the class will go fully online for whatever the current CDC recommended quarantine time frame is.
- If college, city, state, or federal regulations stipulate that the class be online only, then we will be online only as mandated.

## COURSE ATTENDANCE

You are never required to attend class physically. I will take in-class attendance only to have a reference point for starting quarantine in case someone in the class tests positive for Covid-19. All lectures will be available online, and all coursework will be completed via Blackboard.

You are only allowed to attend class physically on your assigned day of the week. You will be assigned an attendance day at the beginning of the semester, and it is your responsibility to remember this day and to ensure that you do not come to class on your non-assigned day. You will not be allowed into the classroom if it is not your assigned day. Should you arrive on the wrong day, you will be asked to leave. There are no exceptions to this rule.

You may not trade days with other classmates, even temporarily. If it is not your day to be in class, you will not be allowed to be in class.

The CDC has a list of medical conditions that make a person higher risk for severe illness from Covid-19. If you have any of the conditions on this list, you are strongly advised (for your own safety) not to attend the class in person. The CDC list of underlying medical conditions can be found here: <https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/quarantine.html>

## TESTS AND ASSIGNMENTS

You will never need to be in class to complete a test or other assignment. You will always be able to complete all work via Blackboard. I will never give any assignment that requires you to be physically present in the room.

If you are unable to access the class for an extended period of time due to personal illness or Covid-19 related quarantine, we can make arrangements for you to make up any missed work.

## FOOD AND DRINKS

Because neither food nor drinks can be consumed while wearing a face-covering, they will be prohibited in the classroom. If you remove your face-covering to take a drink or to eat, you will be asked to leave for the remainder of that day.

## ATTENDING WHILE SICK

If you or someone with whom you have close contact (e.g. family member, coworker, roommate) are experiencing ANY symptom associated with Covid-19, please do not come to class. If you are sneezing or coughing excessively in class, you will be asked to leave. As noted above, you are never required to be in class physically, and I will never take attendance in class. Per the CDC, any of the following may be symptoms of Covid-19:

Fever or chills	Cough	Shortness of breath or difficulty breathing	Fatigue	Muscle or body aches	Headache
New loss of taste or smell	Sore throat	Congestion or runny nose	Nausea or vomiting	Diarrhea	

If you or someone you have close contact with are experiencing any of the above symptoms, you are strongly advised to get tested for Covid-19. The Lubbock Health Department maintains a list of Covid-19 testing sites; you can access that list here: <https://ci.lubbock.tx.us/departments/health-department/about-us/covid-19-testing-location>. Please do not return to class until you or the person you had contact with have received a negative result on your Covid-19 test (meaning you don't have the disease).

If you test positive for Covid-19, please follow the guidance of your healthcare provider regarding when it is safe to return to class.

If someone you have close contact with tests positive for Covid-19, you will need to quarantine. Current CDC guidelines (as of this writing) are to quarantine for 14 days from the time of last contact with the infected person. The CDC has more information on how and when to quarantine at the following website: <https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/quarantine.html>

#### AVAILABILITY OF LECTURE MATERIAL OUTSIDE OF CLASS

All lectures (technology permitting) will be live streamed. You will have the option to watch and participate from home. Thus, you are never required to be in class. I will also make recordings of all lectures available after class, so you may watch them at a later time if you prefer.

#### QUARANTINE TRIGGERS

I will self-initiate quarantine under the following conditions:

- If I develop any Covid-19 symptom, I will self-quarantine until I receive a negative Covid-19 test. This will likely take at least three to five days.
- If I am exposed to someone who tests positive for Covid-19, I will self-quarantine for at least 14 days from the time I last had contact with that person.
- If I test positive for Covid-19, I will follow the advice of my doctor regarding when it is safe for me to return to class in person.
- If anyone in the class tests positive for Covid-19, I will cancel in person classes until at least 14 days after that student's last date of attendance.

#### CONTINGENCY IN CASE OF INSTRUCTOR QUARANTINE

If at any time I am unable to physically attend class, I will make every effort to continue broadcasting lectures at our regularly scheduled class time. I have the necessary hardware and software at home to broadcast and record lectures. If for any reason I am unable to continue live streaming lectures, I or another SPC faculty member will contact you with instructions on how the class will proceed.

#### CONTACTING THE INSTRUCTOR

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Name	Dr. Will Crescioni
Office Location	RC405A, Reese Campus

Email	<a href="mailto:wcrestioni@southplainscollege.edu">wcrestioni@southplainscollege.edu</a>				
Office Phone	(806) 716-2468				
Office Hours	Monday 8:30 – 9:30	Tuesday 1:00 – 3:00	Wednesday 8:30 – 9:30	Thursday 2:00 – 4:00	Friday 10:30 – 12:30

## INSTRUCTOR AVAILABILITY

### OFFICE HOURS

During my scheduled office hours I will be available in my Reese Center office and online. In order to meet in person, you must provide evidence of covid-19 vaccination or documentation asserting that you are medically unable to receive the vaccine. Those medically unable to receive the vaccine are strongly encouraged to wear a mask during any meetings. Students who are medically able to receive the vaccine but have chosen not to do so must meet with me via Collaborate.

### EMAIL

Many simple matters can be handled over email. My email address is [wcrestioni@southplainscollege.edu](mailto:wcrestioni@southplainscollege.edu). Please be sure to read and adhere to the email rules listed below.

I do not check emails on evenings or weekends. I will try to respond to all emails within one business day. That means that emails sent Monday – Thursday will be answered the next day, and emails sent Friday – Sunday will be answered on Monday.

### PHONE

Because it is more flexible and provides a written record, I strongly prefer email to phone calls. However, I can be reached via phone during my normal office hours at 806-716-2468. If I am meeting with a student in person or online I will not be able to take your call. If I am unable to answer the phone, or if you call outside my normal office hours, please leave your name, number, and the reason for your call and I will get back to you as soon as I can.

## THE COURSE AT A GLANCE

### GRADING

- 500 total points
- Four unit tests and one final exam worth 100 points each
  - The lowest of these five tests will be dropped
- One essay worth 100 points
- Grade based on total points earned by the end of the semester
- No individual extra credits assignments
- No artificial grade boosts

## ESSAY

- Worth 100 points
- The essay is due Tuesday, April 13<sup>th</sup> by 11:59 PM.
- 2 – 3 pages in length
- Graded for spelling, grammar, and punctuation; following directions; and overall paper quality
- Late papers lose 25 points per day

## STUDENT EMAIL

SPC has given all students access to a free email account. Email will be the primary means of communication in this course, and I expect you to check it regularly. **ALL EMAIL COMMUNICATION MUST BE CONDUCTED USING YOUR OFFICIAL SPC EMAIL.** We will often be discussing sensitive or confidential issues over email (e.g. grades). As such, I will not respond to any email other than your official SPC email address. Emails from Gmail, Hotmail, Yahoo!, etc. will not receive a response.

You can access your official SPC email account at <https://office.com>. Use your SPC credentials to log in.

## Email Etiquette

It is important in this class, in all classes, and in your professional life to practice good email etiquette. This means, among other things, addressing your instructors professionally, using good spelling and grammar, and practicing good self-reliance before falling back on email. There are many excellent guides to email etiquette, but I recommend this as a starting point:

[http://writingcenter.emory.edu/resources/writing\\_tips\\_resources/email\\_etiquette.html](http://writingcenter.emory.edu/resources/writing_tips_resources/email_etiquette.html)

## MEETING FORMAT

This is a hybrid class; lectures will (when possible) be held in person, livestreams of lectures will be available, and recordings of lectures will be made available after the fact. It may become necessary to move the class to a fully online format for part of the semester; if this is the case, all lectures will continue to be livestreamed at their scheduled time and recordings will still be made available, but lectures will no longer be held in person. The class will move to online-online only format when any of the following is true:

- The Covid-19 hospitalization rate is above 15%. This is the target that has been set by the City of Lubbock. You can get daily updates on the hospitalization rate here: <https://ci.lubbock.tx.us/departments/health-department/about-us/covid-19>. If the rate goes above 15%, class will immediately move online. In person classes will resume once the rate has been below 15% for one full week.
- If any student who attends in person is diagnosed with Covid-19 or comes into contact with someone who is Covid positive, class will move fully online for two weeks from that person's date of exposure.
- If I test positive for Covid or come into contact with someone who is Covid positive, class will move online for two weeks from my date of exposure.

## COURSE EXPECTATIONS

### REQUIRED TECHNOLOGY

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## BLACKBOARD

All work in this course will be completed using Blackboard. All necessary readings are also found on Blackboard.

As such, it is essential that you maintain regular access to a working computer with a reliable internet connection throughout the semester. All lectures will be livestreamed via Collaborate, and recording will be posted to Blackboard after the lecture is over.

You can access South Plains College's main Blackboard page at <https://southplainscollege.blackboard.com/>. From there, you can see a list of all courses in which you are enrolled, including this one.

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## WORD PROCESSOR

The book report must be typed using a word processor. All SPC students have access to Microsoft Office 365, an online platform that includes Microsoft Word. You are strongly encouraged to use Microsoft Word when composing your written assignments. If you choose to use a different word processor (e.g. Google Docs or Pages), it is your responsibility to convert your file to the appropriate format before submitting. Assignments submitted in the wrong file format will not be accepted.

You can access Office 365 at <https://office.com>. Use your SPC credentials to log in. If you have any difficulty, contact the SPC help desk at <https://www.southplainscollege.edu/instructional-technology/Help.php>

## CLASSROOM BEHAVIOR

I have the following expectations for your behavior while you are in this classroom:

- Cell phones will be put away completely out of sight.
- No conversations will occur among classmates. The only talking you should be doing is to ask me a question or to respond to a question I have asked.
- If you are using a laptop, it will only be used to take notes.
- You will not read a book, the newspaper, work on crossword puzzles, or otherwise engage in activities not related to the class.
- You will not sleep.

## VIRTUAL CLASSROOM BEHAVIOR

If you are attending the class virtually (i.e. participating in the livestream), please keep the following guidelines in mind:

- Unless you are actively asking a question, please mute your microphone. This will ensure that any background noise (e.g. pets, children, partners) does not disturb your classmates.
- You are not required to use your video, but if you choose to do so, please ensure that you are not doing anything distracting.

## A NOTE ON RECORDED LECTURES

Because I will be recording all lectures, please be aware that anything you say during the class will be included in the recording. I do not have the ability to edit anything out of the recording.

## TECHNOLOGY IN THE CLASSROOM

- Laptops and tablets are allowed for note-taking purposes only. You may not use your laptop or tablet for any other purpose. If I catch you doing anything other than taking notes on your laptop or tablet during class, you will no longer be allowed to use a laptop or tablet for the remainder of the semester.
- Cell phone use in the classroom is strictly prohibited. If you are waiting for an important call, you may leave your phone on vibrate and keep it in your pocket. If you receive a call, you may step out of class to take it and return when you are done. This should be done only in the event of extremely important calls.
- NO SMART WATCHES, SMART GLASSES, OR SMART ANYTHING ELSE. If it can send text messages, put it away.
- If you are removed from class for a technology violation, you will be marked absent for the day. If this occurs on a test day, you will receive a zero for that test.

## READINGS

Tests will be based both on material covered in lecture and on material covered in the readings. These two sources of information – lecture and the readings – are meant to be complementary rather than redundant. Some information may only appear in the book, whereas other information will appear only in lecture. Completing all assigned readings is essential to doing well in this class.

## PLAGIARISM

It is expected that all work completed in this class will be original. Copying and pasting work from any source, resubmitting assignments you have submitted in the past or in other classes, or referencing the work of others without proper citation are all considered plagiarism. If you have any doubts about whether something is plagiarism, ask me. If I catch you plagiarizing, you will receive a zero on the assignment in question and WILL NOT be given the chance to resubmit. Appropriate disciplinary action may also be taken in accord with college policy.

## BLACKBOARD TECHNICAL SUPPORT

Support for issues relating to Blackboard can be obtained via the “Blackboard Support” link in the course Blackboard page, by visiting [https://help.blackboard.com/en-us/Learn/9.1\\_2014\\_04/Student](https://help.blackboard.com/en-us/Learn/9.1_2014_04/Student), or by calling (800) 424-9299. Issues for which you should use this route include, but are not limited to:

- Inability to access Blackboard page (e.g. page will not load)
- Inability to access specific content within the Blackboard page (e.g. assignments, lecture videos)

## ASSIGNMENTS

### Tests

(4 @ 100 points each): There will be four unit tests and one comprehensive final exam in this course. Each test is worth 100 points. I will drop your lowest test score when computing your final grade. Makeups for missed exams may be offered in cases of documented personal injury or illness, serious injury or illness of a family member, death in the family, or college sponsored events (e.g. sports).

Be sure to consult the exam schedule and inform me **in advance** if you know that you will be unable to attend an exam session due to an approved absence. All other absences (including but not limited to: oversleeping,

car/transportation trouble, work, vacation, friends' wedding, your wedding, etc.) are not excused, and makeups will not be offered.

You must arrive to class **on-time** in order to take the exam. If you arrive after the first exam has been turned in, you will not be allowed to take the exam.

## MISSED TESTS

At the end of the semester, I will drop your lowest test grade. If you miss any ONE test for any reason (undocumented illness or injury, car trouble, getting called into work, family emergency, Doctor Who marathon, etc.), the resulting zero will be dropped from your grade calculation.

If you take all four of the unit tests, then you may use the drop policy to exempt yourself from the final exam. In other words, if you have taken all four regular semester tests, then you may skip the final.

You may also choose to take all five tests (the four unit tests and the final exam). If you do so, then I will drop the lowest grade from among these five from your final grade calculation. For example, if your five test grades were 78, 67, 84, 89, and a 91 on the final exam, the "67" would not be counted in your final grade calculation.

## MAKEUPS

If you need a makeup, please contact me. Makeup exams may be different than those taken by the rest of the class.

Makeups will be offered at the instructor's discretion.

## VACCINES AND AUTISM ESSAY

(100 Points)

You will write a 2 – 3 page essay as part of this course. Specific instructions are available on Blackboard.

Your essay deadline is inflexible. Late papers will only be accepted in the event that a serious illness or injury prevented you from being able to turn the paper in on the due date.

## SEMESTER PLAN EXTRA CREDIT

The semester plan extra credit assignment is designed to get you thinking in advance about how you will approach the work in this class. The assignment details and due date are available on Blackboard. The assignment is worth up to 15 points, which is a 3% boost to your final grade.

## GRADING

Your grade in this class will be based entirely on your Exams and Research Paper. Extra credit may be offered to the entire class at the instructor's discretion, but individual extra credit and artificial grade boosts (e.g. "I just need *one more point* to get an A! Please! Pretty please!") will never be offered.

Your current grade will always be accessible to you via Blackboard; I strongly encourage you to monitor your grade throughout the semester and to contact me as soon as you have any concerns. If you get in touch with me early,



we can work together to help overcome the obstacles you may be facing; if you wait until the end of the semester it may be too late. Remember, I am here to help – you just need to ask!

<b>Exams</b>	<b>400 points</b>
<b>Essay</b>	<b>100 points</b>
<b>Total</b>	<b>500 Points</b>

## TECH SUPPORT

### BLACKBOARD TECHNICAL SUPPORT

Support for issues relating to Blackboard can be obtained via the “Blackboard Support” link in the course Blackboard page, by visiting [https://help.blackboard.com/en-us/Learn/9.1 2014 04/Student](https://help.blackboard.com/en-us/Learn/9.1%2014%2004/Student), or by calling (800) 424-9299. Issues for which you should use this route include, but are not limited to:

- Inability to access Blackboard page (e.g. page will not load)
- Inability to access specific content within the Blackboard page (e.g. assignments, lecture videos)

## ADA STATEMENT

Students with disabilities, including but not limited to physical, psychiatric, or learning disabilities, who wish to request accommodations in this class should notify the Disability Services Office early in the semester so that the appropriate arrangements may be made. In accordance with federal law, a student requesting accommodations must provide acceptable documentation of his/her disability to the Disability Services Office.

For More information Contact

*Levelland*

Linda Young

Disability Accommodations Specialist

1401 S. College Ave.

Levelland, TX 79336

Phone: 806-716-2577

Fax: 806-897-0371

[lyoung@southplainscollege.edu](mailto:lyoung@southplainscollege.edu)

*Reese*

Dawn Valles

Coordinator of Disability Services Reese

819 Gilbert Drive

Lubbock, TX 79416

Phone: 806-716-4675

[dvalles@southplainscollege.edu](mailto:dvalles@southplainscollege.edu)

## DIVERSITY STATEMENT

In this class, the teacher will establish and support an environment that values and nurtures individual and group differences and encourages engagement and interaction. Understanding and respecting multiple experiences and perspectives will serve to challenge and stimulate all of us to learn about others, about the larger world and about ourselves. By promoting diversity and intellectual exchange, we will not only mirror society as it is, but also model society as it should and can be.

## ACCESSIBILITY STATEMENTS

### BLACKBOARD

<https://www.blackboard.com/platforms/learn/resources/accessibility.aspx>

## COMMON COURSE SYLLABUS

**SPC requires that the following information be included in all syllabi.**

**Department:** Behavioral Sciences

**Discipline:** Psychology

**Course Number:** PSYC 2314

**Course Name:** Lifespan Growth and Development

**Credit:** 3 Lecture: 3 Lab: 0

**Satisfies a core curriculum requirement?** Yes, Behavioral or Social Science

**Prerequisites:** TSI reading compliance for INET

**Available Formats:** conventional; INET; ITV

**Campuses:** Levelland, Reese, ATC, Plainview, INET

**Textbook:** *Human Development: A Cultural Approach, 2e* by Jeffrey Jensen Arnett

**Course Specific Instructions:** go to Blackboard Learn 9 for INET classes

**Course Description:** This course is a study of the relationship of the physical, emotional, social, and mental factors of growth and development of children and throughout the lifespan.

**Course Purpose:** The purpose of this course is to introduce students to the major theories and concepts in life span development including the physical, cognitive, and psychosocial changes that occur from conception till death.

**Course Requirements:** To maximize the potential to successfully complete this course, the student should attend all class meetings, complete all homework assignments in a timely manner, and complete all examinations including the final exam. Internet courses require the work to be completed in specific time periods.

**Course Evaluation:** Please see the instructor's course information sheet for specific items used in evaluation student performance.

**Attendance Policy:** Whenever absences become excessive, and in the instructor's opinion, minimum course objectives cannot be met due to absences, the student may be withdrawn from the course. The typical view of excessive absences is when a student misses more than two weeks of the course.

**Student Learning Outcomes:** Students who have successfully completed this course will be expected to:

1. Describe the stages of the developing person at different periods of the life span from birth to death.
2. Discuss the social, political, economic, and cultural forces that affect the development process of the individual.
3. Identify factors of responsible personal behavior with regard to issues such as sexual activity, substance abuse, marriage and parenting.
4. Explain the biosocial, cognitive and psychological influences throughout the lifespan as an ongoing set of processes, involving both continuity and change.
5. Describe the different developmental perspectives of the major theories of development (i.e. cognitive, learning, humanistic and psychodynamic).
6. Identify examples of some of the cultural and ethnic differences that influence development throughout the lifespan.
7. Discuss the various causes or reasons for disturbances in the developmental process.

**Core Objectives addressed:**

- **Communication skills-** to include effective written, oral and visual communication.

- **Critical thinking skills-** to include creative thinking, innovation, inquiry and analysis, evaluation and synthesis of information.
- **Empirical and Quantitative skills-** to include the manipulation and analysis of numerical data or observable facts resulting in informed conclusions.
- **Social Responsibility-** to include the demonstrated intercultural knowledge and competence, knowledge of civic responsibility, and the ability to engage effectively in regional, national and global communities.

**Coordinating Board Approval Number (CIP) 42.2703.51 25**