



## **Return to Campus Plan Spring 2022 Terms**

Approved by the Board of Regents: July 15, 2020

Revised: January 14, 2022

South Plains College is accredited by the Southern Association of Colleges and Schools Commission on Colleges (SACSCOC) to award associate degrees and proficiency certificates. Questions about the accreditation of South Plains College may be directed in writing to the Southern Association of Colleges and Schools Commission on Colleges at 1866 Southern Lane, Decatur, GA 30033-4097, by calling (404) 679-4500, or by using information available on SACSCOC's website ([www.sacscoc.org](http://www.sacscoc.org)).

The educational program, degrees and certificates awarded by South Plains College are approved by the Texas Higher Education Coordinating Board. Institutional questions concerning the educational program of the College should be directed to the Vice President for Academic Affairs, (806) 716-2208.

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## **Return to Campus Plan – Spring 2022**

### **PROMULGATION STATEMENT**

South Plains College’s (SPC) mission is to provide educational opportunities that improve the lives of its students by establishing a foundation for lifelong learning. To accomplish this mission, SPC must ensure its operations are performed efficiently with minimal disruption. The goal of the Return to Campus Plan is to ensure that mitigation, preparedness, response, and recovery actions exist so that public welfare and safety are preserved.

The Return to Campus Plan and contents within are a guide to how South Plains College conducts re-opening to the public during the COVID-19 pandemic. If necessary, the plan will follow the college’s Emergency Operation Plans regarding pandemic response.

### **PLAN REVISIONS**

The Return to Campus Plan is a living document that is subject to change. Revisions to a specific section will be noted in the title of the section and updated in the Table of Contents, on the cover page and with notations at the end of the document. The most recent version will be posted on the SPC COVID-19 Resource page (<https://www.southplainscollege.edu/emergency/covid19-faq.php>). Historical copies of the plan are available from the Office of the Vice President for Student Affairs.

### **COMMUNICATIONS TO THE COLLEGE COMMUNITY AND THE PUBLIC**

When communicating COVID-19 related information to students, employees or the public, SPC will follow applicable policies and procedures from the SPC Emergency Operations Plan, as well as recommendations from the Centers for Disease Control and Prevention “Guidance for Administrators of U.S. Institutions of Higher Education” ([www.cdc.gov/coronavirus/2019-ncov/community/guidance-ihe-response.html](http://www.cdc.gov/coronavirus/2019-ncov/community/guidance-ihe-response.html)). The Executive Director of Marketing and Communications will be responsible for coordinating all internal and external communications that are directed through various media. The Associate Director of Health and Wellness will be responsible for coordinating communications with local and state health officials and serve as the primary health advisor to the college community.

SPC will develop communications plans for the following types of public information:

- Steps that are being taken to return to campus for fall 2021 and thereafter;
- Changes in college operations designed to mitigate the spread of COVID-19;
- Changes to usual campus schedules and functions;
- Information the SPC community can use to protect themselves from infectious disease, including COVID-19;

- Steps that are being taken when a confirmed case has been on campus, regardless of community transmission. It is critical to maintain confidentiality of the student or staff members as required by the Americans with Disabilities Act and the Family Education Rights and Privacy Act, as applicable;
- Decisions about temporary class suspensions and event or activity cancellation.

It is critical that information related to college operations and response to COVID-19 be accurate and timely, and the sharing of such information should be made without increasing fear and stigma. Keeping the community informed with accurate information can counter the spread of misinformation.

## GENERAL HEALTH AND SAFETY

### CDC Guidelines

The procedures put into motion by this plan are based on Center for Disease Control (CDC) guidelines and recommendations for Higher Education institutions. Any questions regarding CDC guidelines should be addressed to DeEtte Edens, BSN, RN at x2376 or [dedens@southplainscollege.edu](mailto:dedens@southplainscollege.edu).

### COVID-19 Proof of Vaccination – Rev. 8/26/2021

In compliance with Governor Abbot’s Executive Order GA-38 and GA-39, SPC will not require any person to show proof of vaccination. However, it is strongly recommended to get the vaccine for protection of self and others from the COVID-19 virus.

### Personal Protective Equipment (PPE) – Rev. 8/26/2021

South Plains College policy complies with Governor Abbot’s Executive Order GA-38 and GA-39 and does not require a face covering for anyone. Individuals who are exposed to someone with a known positive COVID-19 test are strongly encouraged to wear a face covering for the recommended time-period identified by the CDC while in an SPC building. A face mask may be made available to students and employees if needed. **CDC does not currently recommend use of face shields as a substitute for masks.** The Americans with Disabilities Act (ADA) regulations do not require or allow the college to alter operating policy as an accommodation. Anyone with concerns regarding health and the face mask policy may contact DeEtte Edens, BSN, RN at 806-716-2376 to request a reasonable accommodation.

### Personal Hygiene

All students/employees are encouraged to implement good hygiene measures such as washing hands regularly, using hand sanitizer, and covering coughs/sneezes. Hand sanitizing stations are available across all SPC locations.

### General Guidance for Testing of and Exposure to COVID-19 – Rev. 8/19/2021

All faculty, staff and students who are experiencing COVID-19 symptoms will be asked not to attend class or work and to contact their healthcare provider immediately. Additionally, anyone who is experiencing symptoms should contact his/her faculty member or supervisor as well as DeEtte Edens, BSN, RN at x2376 or [dedens@southplainscollege.edu](mailto:dedens@southplainscollege.edu).

Any individual who has a positive COVID-19 test should contact DeEtte Edens and their faculty/supervisor immediately. Those with a positive test will be required to quarantine for the recommended timeframe. DeEtte Edens, BSN, RN will advise in consideration with CDC and DSHS guidelines.

South Plains College will not track exposures based on close contact and will not quarantine these exposed individuals.

Individuals who are exposed to someone with a known positive COVID-19 test are encouraged to either self-quarantine for the recommended time period identified by the CDC or wear a face covering for the same time period while in an SPC building. Neither of these will be required but are strongly encouraged.

Faculty will be notified of any positive exposures in their class. They will accommodate the individual being quarantined as well as any other students who are self-quarantined due to exposure.

### Recommendation for Testing – Rev. 1/14/2022

Here is some information that may be helpful to make a decision about getting tested:

- Most people have mild illness and can recover at home without medical care. Contact your healthcare provider if your symptoms are getting worse or if you have questions about your health.
- Decisions about testing are made by state and local health departments or healthcare providers.
- If you have symptoms of COVID-19 and are not tested, it is important to stay home.

**IF YOU ARE TESTED POSITIVE, PLEASE CONTACT DEETTE EDENS, BSN, RN AT 806-716-2376 OR [DEDENS@SOUTHPLAINSCOLLEGE.EDU](mailto:DEDENS@SOUTHPLAINSCOLLEGE.EDU) FOR QUARANTINE GUIDANCE.**

**Asymptomatic Positive** (Tested positive for COVID-19 but had no symptoms) - If a person continues to have no symptoms, he/she can be with others after 5 days have passed since positive test. A mask should be worn for five (5) additional days.

### Social (Physical) Distancing

Social, or physical, distancing is highly encouraged while at South Plains College.

### Sanitation

#### Public Spaces

Public areas will be sanitized on a regular basis.

#### Instructional Spaces

Classrooms and student areas will be cleaned and sanitized regularly.

#### Residence Spaces

See Residence Life section on [Sanitation](#).

### INSTRUCTION – REV. 8/19/2021

All classroom occupancies have returned to normal. Please refer to section on [General Health and Safety](#) for additional information.

## Course Syllabus Statement

The following statement should be included in all course syllabi for face-to-face and hybrid instruction options:

If you are experiencing any of the following symptoms, please do not attend class and either seek medical attention or get tested for COVID-19.

- Cough, shortness of breath, difficulty breathing
- Fever or chills
- Muscles or body aches
- Vomiting or diarrhea
- New loss of taste and smell

Please also notify DeEtte Edens, BSN, RN, Associate Director of Health & Wellness, at [dedens@southplainscollege.edu](mailto:dedens@southplainscollege.edu) or 806-716-2376.

## Course Options

SPC will continue to deliver instruction safely to our students through the following delivery methods.

### Online Courses

These courses have no face-to-face instruction and can be taken from anywhere at any time. The number of fully online courses are being dramatically increased to accommodate student demand.

### Flex Courses

These courses offer some face-to-face instruction with online instruction provided to supplement and enhance learning. These courses can take on many different formats. Some include:

1. Lecture online with lab components face-to-face
2. Flipped classroom with online lecture delivery and face-to face discussion.
3. Face-to-face lecture delivery with online discussion / course supplements / online testing
4. Some face-to-face instruction supplemented with online instruction
5. Live-streamed instruction delivered as scheduled to students with no requirement of face-to-face interaction.

### Face-to-Face Courses

These courses offer instruction completely face-to-face. Students will be expected to attend courses on an SPC campus at a specific time and day.

## Tutoring Services

Tutoring Services offers face-to-face tutoring one-on-one appointments, one-on-one live virtual sessions with SPC tutors, as well as using services from [tutor.com](https://www.tutor.com).

For additional questions regarding Tutoring Services or scheduling, please contact Ms. Rebecca Grunder at 806-716-2538 or at [rgrunder@southplainscollege.edu](mailto:rgrunder@southplainscollege.edu).

## Library Resources

Access electronic resources, chat with a librarian, get help with your citation, and find short videos to help you get started with using Library services. Visit <https://southplainscollege.libguides.com/> or contact the library at Levelland (806-716-2330 or [library@southplainscollege.edu](mailto:library@southplainscollege.edu)) or at Reese (806-716-4682 or [referencelub@southplainscollege.edu](mailto:referencelub@southplainscollege.edu)).



## Library Resources for Students



### Mobile Hotspots

Available for students who need access to Wi-Fi off campus!

### Chromebooks

Available for students who need a laptop to complete coursework!

### Website

Available 24/7 for electronic resources to support your studies!

### Contact Us

<https://southplainscollege.libguides.com>

Levelland: 806-716-2330, [library@southplainscollege.edu](mailto:library@southplainscollege.edu)  
Reese Library: 806-716-4682, [referencelub@southplainscollege.edu](mailto:referencelub@southplainscollege.edu)

## Technology Resources

### Computers for Checkout

Computers are available for students to checkout. Contact the Library for additional information at Levelland (806-716-2330 or [library@southplainscollege.edu](mailto:library@southplainscollege.edu)) or at Reese (806-716-4682 or [referencelub@southplainscollege.edu](mailto:referencelub@southplainscollege.edu)).

### Wireless Internet Hotspots for Checkout

Wireless internet hotspots are available for checkout from the Library on the Levelland campus for students who do not have access to internet while off campus. The hotspots can be turned in either at the library in Levelland or at the Reese Center. More information is available by calling at Levelland (806-716-2330 or [library@southplainscollege.edu](mailto:library@southplainscollege.edu)) or at Reese (806-716-4682 or [referencelub@southplainscollege.edu](mailto:referencelub@southplainscollege.edu)).

### Computer Labs

Computer labs are open at full capacity. Students and employees who need to use a lab should contact the location prior to arrival to ensure there are adequate resources available.

### Wireless Internet Access on SPC Parking Lots – Added 8/17/2020

Wireless internet is accessible while in the SPC parking lots.

**Levelland Campus** - see map on the following page

**Reese Center** - parking lot of Building 8

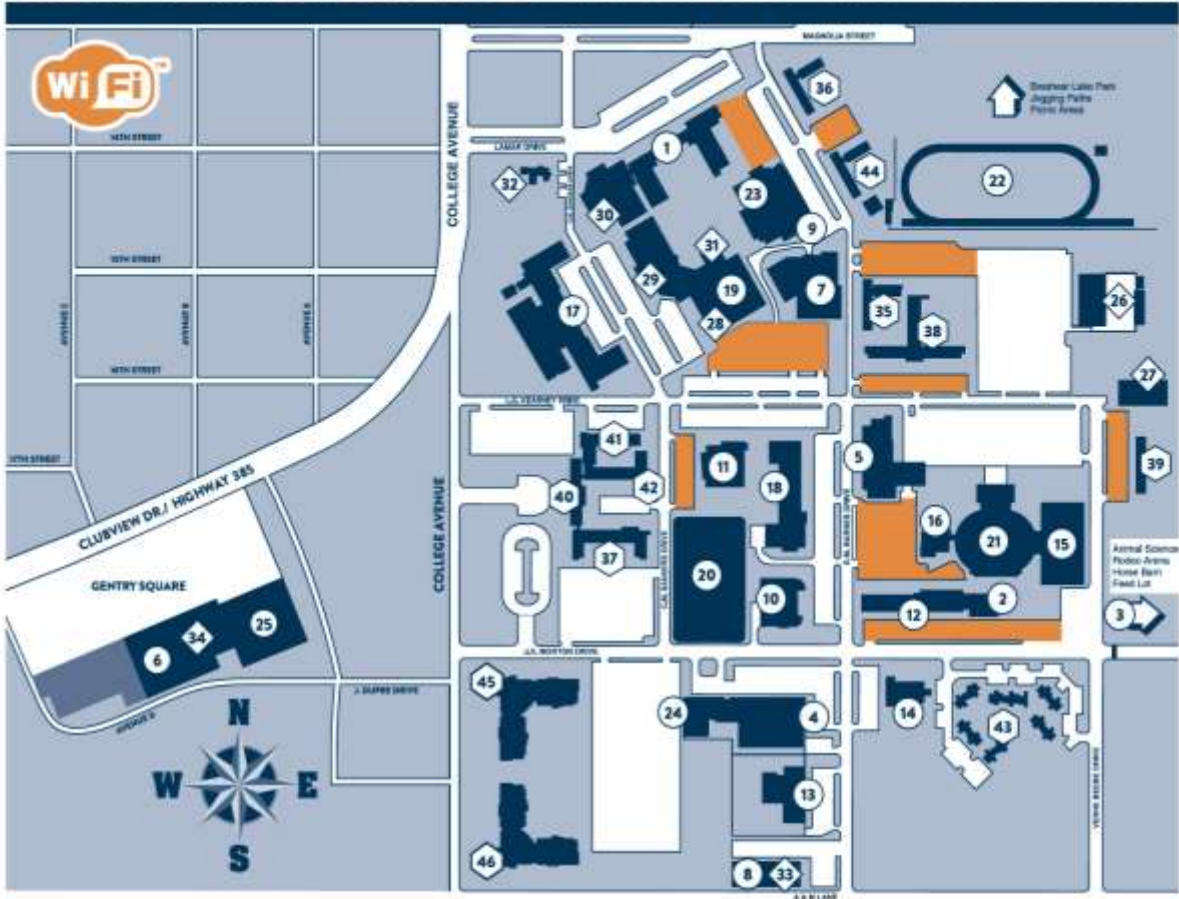
**Lubbock Center** - parking spaces closer to the building on the west and north sides

**Plainview Center** - parking spaces closer to the main building on the west and south sides



A link to phone carrier assistance plans for cellular data and wireless can be accessed at <http://www.southplainscollege.edu/emergency/wifi-resources.php>.

## SOUTH PLAINS COLLEGE PARKING LOT WI-FI COVERAGE



**KEY TO CAMPUS BUILDINGS**

<p>● <b>INSTRUCTIONAL BUILDINGS</b></p> <ul style="list-style-type: none"> <li>1. Administration Building (AD)</li> <li>2. Agriculture Building (AG)</li> <li>3. Animal Science Center (ARENA)</li> <li>4. Auto - Diesel Shop (DSHOP)</li> <li>5. Communications/English Building (CM)</li> <li>6. Cosmetology (COSBL)</li> <li>7. Creative Arts Building (CB)</li> <li>8. Industrial Manufacturing/Emerging Technologies (IMET)</li> <li>9. Christine Devitt Fine Arts Center (FA)</li> <li>10. Law Enforcement Building (LE)</li> <li>11. Library (LIB), STAR Center and Upward Bound (3rd Floor)</li> <li>12. Math and Engineering Building (M)</li> <li>13. Metals Technology Building (MT)</li> <li>14. Natatorium (NAT)</li> <li>15. Physical Education Building (PE)</li> <li>16. Recquetball Courts</li> <li>17. Science Building (S)</li> <li>18. Technical Arts Center (TA)</li> <li>19. Technology Center (TC)</li> <li>20. Tennis Courts</li> <li>21. Texan Dome (DOME)</li> <li>22. Texan Track</li> <li>23. Helen Devitt Jones Theatre for the Performing Arts (STAGE)</li> <li>24. Welding Technology Building (WT)</li> <li>25. Center for Allied Health Education (AH)</li> </ul>	<p>◆ <b>NON-INSTRUCTIONAL BUILDINGS</b></p> <ul style="list-style-type: none"> <li>26. Maintenance Building</li> <li>27. Maintenance Warehouse</li> <li>28. Student Health &amp; Wellness</li> <li>29. Student Center</li> <li>30. Student Services Building (SS)</li> <li>31. Texan Hall</li> <li>32. Visitors Center</li> <li>33. Development and Alumni Relations Office</li> <li>34. Physical Plant Storage</li> </ul>	<p>● <b>RESIDENCE HALLS</b></p> <ul style="list-style-type: none"> <li>35. Forrest Hall</li> <li>36. Frazier Hall</li> <li>37. Gillespie Hall</li> <li>38. Lamar Hall</li> <li>39. Magwe Hall</li> <li>40. Marvin Baker Center</li> <li>41. N. Sue Spencer Hall</li> <li>42. S. Sue Spencer Hall</li> <li>43. Smallwood Apartments</li> <li>44. Stroud Hall</li> <li>45. Nathan Tubb Hall</li> <li>46. Earl and Jane Gerstenberger Hall</li> </ul>
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Areas with WiFi coverage are indicated with orange.

\*The closer you are to the buildings the stronger the signal will be.

Rev. 05/18



## STUDENT SUPPORT SERVICES

Student support service offices will assist all visitors, students, and employees. Each office may have in place plastic barriers for those with reception areas.

### Ask SPC

Students are asked to use the AskSPC email and hotline as much as possible for general questions. Using this system will assist with reducing loads in the specified offices. AskSPC can be reached at (806) 716-2000 or via email at [askspc@southplainscollege.edu](mailto:askspc@southplainscollege.edu).

### Health & Wellness (Counseling) Services – Rev. 8/19/2021

Students wanting to set up a counseling session will have an option to be seen face-to-face or teleconference session via Doxy.me or Zoom platform. Signs are posted on the front door advising students not enter if they are showing signs of illness.

### Disability Services – Rev. 1/14/2022

Students who need to visit with Disability Services will have an option to be seen face-to-face or virtually. Students and faculty access accommodation forms through the SPC online platform. More information can be obtained from Disability Services by contacting Dawn Valles at (806) 716-4675 or at [dvalles@southplainscollege.edu](mailto:dvalles@southplainscollege.edu) or calling 806-716-2529.

### Admissions & Records

The Admissions and Records Office is allowing students to initially submit unofficial copies of transcripts and Meningitis records via the student's SPC issued email address. Official transcripts from institutions are still required to complete the record.

Student initiated drops and withdrawals are being accepted via the student's SPC email account to <mailto:registrar@southplainscollege.edu>.

Faculty can submit grade changes, drops, or conduct other business through their SPC email accounts.

### International Students

International Students are being served electronically as much as possible. Students who need to visit with the College Registrar are encouraged to schedule an appointment and use electronic conferencing systems.

International student athletes will begin required processes with their respective coach to ensure communication is consistent between all parties.

### Advising – Rev. 8/19/2021

The Advising and Testing Center is currently working with students primarily via remote advising sessions on phone and through video conferencing software such as Zoom, FaceTime, Blackboard Collaborate, and MS Teams. Students can select an advising appointment through our Advising web page at <http://www.southplainscollege.edu/admission-aid/advising/spcadvisors.php>. Advisors are using a scheduling/booking software to allow students the ability to select an appointment time that works best for the student.

Students who connect with offices at all locations are guided to the site to make an appointment with the first available advisor (advising is no longer limited to a specific location).

### Testing – 8/19/2021

Student testing is available. Students requiring testing accommodations through the Disability Services Office will have priority during the term.

Additional information regarding testing should be directed to Julie Wood at x2367 or at [jwood@southplainscollege.edu](mailto:jwood@southplainscollege.edu).

### Financial Aid – 8/19/2021

The Office of Financial Aid is adhering to standards outlined in the [General Health and Safety](#) section of this plan.

### Business Office (Student Payments) – 8/19/2021

The Office of Financial Aid is adhering to standards outlined in the [General Health and Safety](#) section of this plan.

### Student Conduct

Students are required to comply with directives as outlined in the [General Health and Safety](#) section of this plan while on SPC properties. The Student Code of Conduct is active at all times. See the Student Guide (<http://catalog.southplainscollege.edu/content.php?catoid=56>).

### ARP (HEERF III) Act Student Relief Funding – Rev. 8/19/2021

South Plains College has received funding from the Higher Education Emergency Relief Act (HEERF III) as a part of the America Rescue Plan Act (ARP). The grant is first-come, first-served. Funds are available and can be requested at [https://cm.maxient.com/reportingform.php?SouthPlains&layout\\_id=19](https://cm.maxient.com/reportingform.php?SouthPlains&layout_id=19). Please contact the Office of Health and Wellness for additional available resources at (806) 716-2529.

## FITNESS CENTER, NATATORIUM AND TEXAN DOME – REV. 8/19/2021

Fitness facilities at SPC are required to follow local and state mandates related to gyms.

- The weight rooms are limited to 55 people (total) at any given time.
- The Texan Dome will be open for walking during the fitness center hours. Walkers need to enter through the north doors of the PE Complex. Each walker must assist with monitoring the number of walkers in the Dome at any given time to ensure there are no more than 25 people present.
- Some equipment will not be available for use to encourage distancing. Patrons are encouraged to adhere to the rules posted on the signs.
- The staff will continue to follow the regular extensive cleaning schedule and will practice additional sanitation as required by gym operation regulations outlined by the state and federal mandates.
- Hand sanitizer and disinfectant cleaning solution have always been and will continue to be provided.

### Community Classes

- Patrons will have their own assigned equipment for class and are asked then to leave items out for cleaning.
- Class sizes are limited based on the room size and equipment availability. If numbers reach capacity, the class will be moved to a different room or limit the number of participants.
- Yoga class participants are required to provide their own mat.

## Intramurals and Recreational Sports – Rev. 7/29/2020

All intramurals and recreational sports participation will require temperature checks prior to the activity and a signed waiver regarding risk of participation.

## DINING SERVICES – REV. 8/19/2021

South Plains College contracts with Great Western Dining for food service in the Texan Hall (cafeteria) and the Grill (aka, Snack Bar). Great Western employees will follow required policies outlined by Great Western and SPC regarding work reporting.

Procedures for service in Texan Hall and the Grill will follow CDC food service and hygiene guidelines.

- Self-service items will return with the salad bar, soup station and bake potato/nacho bar.
- Carving station, comfort food station, pizza station, and deli station will all have servers available.
- Carryout will be available to employees, but they will have a choice of dining in OR carry out. If they choose to dine in, they will not be allowed to have a carryout.
- Students will be served in house only unless there is a class or work conflict. Conflicts must be communicated with Great Western by the faculty member, an instructional dean, or residence life employee.
- The Sundown Room will be used for overflow dining as needed.

The student meal exchange in the Grill is available. Any changes to the program will be posted on the doors of Texan Hall and the Grill.

## STUDENT LIFE

### Student Center and Game Room – Rev. 1/14/2022

The Student Center and Game Room will operate normally following CDC guidelines and recommendations. Hours of operation will be from 8:00 AM to 8:00 PM, Monday through Friday and 11:00 AM to 4:00 PM on Saturday and closed on Sunday. Hours may change based on staffing availability. Tables and game room equipment will be closely monitored and cleaned following CDC cleaning guidelines

### Student Clubs and Organizations – Rev. 8/19/2021

Student Clubs and Organizations Advisor Training have resumed. More information is available in the Student Life office.

### New Student Orientation

New students may access Orientation at <https://bit.ly/SPC-Orientation>.

Students are being directed to the appropriate locations for advising and other resources.

For additional information regarding the NSO, please contact Shane Hill at 806-716-2381 or [mshill@southplainscollege.edu](mailto:mshill@southplainscollege.edu).

### Welcome Week Activities

Welcome Week activities have resumed. More information is available in the Student Life office.

## SPC ATHLETICS — REV 8/1/2021

The South Plains College Department of Athletics has developed a full COVID-19 Mitigation Plan regarding events, student practices, and overall athlete health. Details of the plan can be found in [Addendum A](#).

## SPC ATHLETIC EVENTS — REV. 8/23/2021

South Plains College will follow the guidelines and procedures set forth by CDC, NJCAA, NATA, state and local authorities, and South Plains College. Information regarding athletic events will be made available as updates are received.

## RESIDENCE LIFE

### General Information

- All rooms will only have double occupancy with no allowance for triple booking or overflow.
- Three apartments (12 beds) at the Smallwood Complex are reserved for any quarantine housing needs.
- Social and educational programs will be formatted to follow health guidelines.

### Sanitation

- Residence Life staff will collaborate with custodial staff to ensure that buildings are consistently cleaned and sanitized.
- Shared restrooms will be cleaned and sanitized multiple times per week.
- Common areas (lounges, kitchens, lobbies, etc.) will be cleaned and sanitized daily.
- Surfaces which are touched often (door handles, stair rails, etc.) will be sanitized numerous times per day.

### Health

Signs and other educational materials will be posted throughout the residence halls to:

- Encourage social distancing, face coverings, and handwashing.
- Instruct residents to seek medical treatment if they experience COVID-19 symptoms.

Residence Life staff will collaborate with the Health and Wellness department to address health concerns in the residence halls.

### Visitors — Rev 8/19/2021

The Residence Hall visitation policy has been reinstated. Please refer to the policy in the [Residence Life Handbook](#).

### Quarantine Expectations — Rev 1/14/2022

When a student residing in the residence hall **has tested positive for COVID-19 and** is determined to need quarantine, the Associate Director of Health and Wellness informs Residence Life staff of the need to quarantine. The student is given the option to quarantine at home away from campus until they are cleared for return or to quarantine on campus in the designated quarantine housing. The student is given the SPC Smallwood Quarantine Expectations and is required to sign these acknowledging they understand and agree to follow the guidelines. Any resident who stays in quarantine housing and does

not follow the quarantine expectations is subject to removal from housing. (See Quarantine Expectation agreement on next page.)

### **Quarantine and Room Cleaning Procedure – Added 9/8/2020**

When a student living in a residence hall is confirmed to have COVID-19 she/he will be given the option to quarantine off campus or on campus in rooms set aside for quarantine. After the student temporarily vacates their regular assigned room and bath are cleaned and sanitized by custodial staff after being allowed to sit for at least 24 hours (per CDC recommendations). After students diagnosed with COVID-19 move out of quarantine housing the room will be cleaned and sanitized by custodial staff after being allowed to sit for at least 24 hours. After students who never developed symptoms or contracted the COVID-19 virus have vacated quarantine housing the rooms can be cleaned and sanitized immediately.

## SPC Smallwood Quarantine Expectations

If you have tested positive for COVID-19 and our medical personnel have directed, you are required to quarantine for five days (or until cleared by the Associate Director of Health & Wellness). You have been given two options. Place an "X" beside your choice:

- \_\_\_\_\_ 1. Quarantine in your home away from campus until cleared by Associate Director of H&W, or  
\_\_\_\_\_ 2. Quarantine in Smallwood Apartment for five days (or until cleared by Associate Director of H&W).

Upon completion of quarantine and approval from medical personnel you will be allowed to return to your original room on campus.

These measures are necessary to decrease the spread of the virus between individuals on campus.

During the quarantine the following things are MANDATORY:

1. Stay **AWAY** from **EVERYONE**. You will have your own bedroom. A person may be in the other bedroom in the apartment. Avoid physical contact with them as much as possible. You can visit with them from across the room.
2. You may **NOT** go outside. You may not have any physical contact in this time. Remember, this is for the protection of the entire SPC community.
3. You may not leave Smallwood apartments. Do not go to town, to the drive through to get food etc.
4. Food will be delivered 3 times per day to your Smallwood residence. If someone wants to deliver a care package, they can leave it on your porch, knock and when they leave you can get it.
5. Remember, you **CAN** keep contact by phone, Facetime, social media etc. with other individuals and this is encouraged.
6. Keep in contact with your professors and stay up to date with your course work. If you need items to help you do this, please contact the Dean of Students Office at 806-716-2379 and we will assist you.
7. If you need counseling services offered through Health and Wellness you can contact them at 806-716-2529 and set up remote sessions.
8. If you experience physical symptoms contact DeEtte Edens at 806-716-2576.
9. In case of an emergency please contact the SPC police department at 806-716-2396.

Thank you in advance for doing your part to keep the SPC Campus safe and to stop the spread of COVID-19.

This is a serious issue and if you choose not to follow quarantine guidelines you may face sanctions such as REMOVAL FROM RESIDENCE HALLS for the rest of the semester or academic year.

**Please sign to indicate agreement.**

I have read and will follow the above guidelines.

\_\_\_\_\_  
Resident Signature

\_\_\_\_\_  
Date

## REVISIONS

DATE	Section	Revisions
1/14/2022	Recommendation for Testing – Asymptomatic Positive  Student Life – Student Center/Game Room  Disability Services  Student Housing – Quarantine Expectations	Changed positive test to 5 days with recommendation to wear mask for additional 5 days following.  Updated hours to reflect staffing challenges  Updated statement and contact information  Changed positive test for quarantine to 5 days
8/26/2021	Entire Document	Edited to reflect GA-39 and resulting changes.
8/19/2021	Entire Document  Addendum A – SPC Athletics	Edited to reflect GA-38 and resulting changes.  Revision based on NJCAA and SPC policy.
4/16/2021	Multiple Sections	Edited to move restrictions for PPE and distancing to end on July 7, 2021. New revision of the plan will be available with July 7 forward information.
1/4/2021	Face Covering Syllabus Statement  End of Spring 2021 Semester Expectations	Revision to spring 2021 and addition of COVID-19 exposure or symptoms to contact Health Services.  Edited from fall 2020 to spring 2021
11/30/2020	General Revision – Spring 2021  Student Support Services – CARES Act  Residence Life – End of Fall 2020 Term  Residence Life – Spring 2021 Move-in Day	Modified document to reflect spring 2021 term; removed references to fall 2020 and made more generalized reference to future terms.  Updated availability of CARES Act funds  Added section of instructions for post-Thanksgiving  Edited to reflect spring 2021 dates
9/21/2020	General Health and Safety – Daily Health Screenings	Revision to include the use of Campus Shield app for daily screenings.
9/8/2020	General Health and Safety - General Guidance for Testing of and Exposure to COVID-19  Residence Life – Quarantine Expectations  Residence Life – Quarantine and Room Cleaning Procedure	Addition of actions for employees and students who have been tested and are pending results.  Added section on quarantine regulations and expectations from students.  Added section clarifying cleaning procedures of residence halls related to outbreak.
8/21/2020	General Health and Safety – Personal Protective Equipment	Changed language from “face coverings” to “face mask”. Face shields may only be used in classrooms during instruction and if accommodation is granted by DeEtte Edens.
8/20/2020	Technology Resources – WiFi in Parking Lots  General Health and Safety – Student Screenings	Added comment and link to mobile carrier assistance page.  Modified Health Sciences statement regarding daily screening for students on SPC property and those at clinical sites.
8/17/2020	General Guidelines for Exposure to COVID-19  Personal PPE  Technology Resources – WiFi in Parking Lots	Added supervisor reporting chain if an employee screens positive.  Added Visitor to Campus requirements of wearing PPE  Added parking lot WiFi information and map for Levelland
8/3/2020	General Guidelines for Exposure to COVID-19	Revision to image on p. 9 under <i>For How Long</i> row and <i>Symptoms</i> column changed from 7 days to 10 days.
7/29/2020	Personal Protective Equipment (PPE)  Student Center and Game Room  Clubs and Organizations  Intramural and Recreational Sports  Addendum A: SPC Athletics Mitigation Plan	Added content regarding requirement and reasonable accommodations.  Edited to include limitations and expanded use.  Added maximum number for gatherings.  Edited status to include temp checks and waiver for participation.  Added section in document and addendum to cover plan.
7/21/2020	Fitness Center	Addition of expanded practices in gyms including Community Classes and Intramural/Recreational Sports



	Student PPE	Change - Mask distribution for students changed to generic statement with communication going out prior to the start of the fall 2020 term.
	Face Covering Syllabus Statement	Addition of syllabus statement for all F2F and Flex courses.
	Adhering to General Health and Safety Regulations	Addition of progressive means of adherence to general health and safety regulations
7/15/2020	Daily Screenings/PPE	Addition of SPC poster for screening and mask requirement

**ADDENDUM A: SPC ATHLETICS COVID-19 MITIGATION PLAN**  
- REV 8/1/2021



## **SOUTH PLAINS COLLEGE ATHLETICS COVID-19 MITIGATION PLAN**

### **Director of Athletics**

Roger Reding

### **Athletic Trainers**

Andy Reyes, MAT, LAT, ATC  
Head Athletic Trainer

[areyes@southplainscollege.edu](mailto:areyes@southplainscollege.edu) / 806-716-2230

Michael Johnson, MAT, LAT, ATC  
Assistant Athletic Trainer

[mjohnson81@southplainscollege.edu](mailto:mjohnson81@southplainscollege.edu) / 806-716-2230

### **Background**

COVID-19 is a respiratory illness that can spread from person to person. The clinical spectrum of COVID-19 ranges from asymptomatic infection, mild disease with non-specific signs and symptoms of acute respiratory illness to severe pneumonia with respiratory failure and septic shock. Frequently reported signs and symptoms include fever, cough, fatigue, and shortness of breath at illness onset. Less commonly reported symptoms include sputum production, headache, hemoptysis, and diarrhea. The incubation period may range from 2-14 days. Spread is thought to occur mostly from person-to-person via respiratory droplets among close contacts.

The following action plan has been implemented by South Plains College Athletics in an effort to protect the student athlete and its staff based on what is currently known about COVID-19, and the guidelines and procedures set forth by CDC, NJCAA, NATA, state and local authorities, and South Plains College. Failure to follow the recommendations can have a potential detrimental effect on not only one's health and well-being, but that of fellow student-athletes and staff.

*Revised: 08/2021*  
*Andy Reyes, MAT, LAT, ATC*  
*Michael Johnson, MAT, LAT, ATC*

### **Key Concepts**

The athletics department has designed this plan with the assumption that COVID-19 will be existent into the foreseeable future, and with the understanding that the plan must be dependent on the virus spread and the availability of new/updated information. Thus, this plan must be received with the notion that it can and will be updated regularly as we learn more about the virus. It is our aim to be no more or less restrictive than the guidance and recommendations that are provided by both federal and state public health agencies. Our return to campus and athletics will be guided by these encompassing key concepts:

- South Plains College and the athletic department will continue to follow and update plans, as needed, with the guidance from the Centers for Disease Control and Prevention (CDC), the State of Texas Department of Health and Human Services (HHS), the National Junior College Athletics Association (NJCAA) and the Governor of Texas.
- Student-athletes will return to campus following the appropriate procedures as described in this document in order to best ensure the health, safety and wellness of our students, faculty and staff.
- Campus functions will return to a new normal that emphasizes health and safety.
- South Plains College and the athletic department plans are designed to mitigate the risk of a resurgence of the virus.
- South Plains College and the athletics department will provide for regular enhanced cleaning and sanitizing services including regular custodial cleaning and providing of sanitizing supplies for use as needed.

It is with these guiding principles that we can hope for a normalized return to campus life and athletic competition. With noncompliance, the primary penalty would be an increase of infections, with the possibility of canceled games, and the potential for loss of the entire season. By following the guidance and recommendations set forth to reduce the spread of COVID-19, athletes can return to class and athletic competition.

### Prior to Arriving on Campus

14 days prior to arriving on campus, student-athletes will begin self-monitoring symptoms daily. If any student-athlete develops any symptoms and/or a fever of 100 F or higher, that student-athlete must see a physician and be cleared by the individual physician's protocols prior to leaving home for campus. In this scenario, the physician's medical clearance must be forwarded to the athletic trainers prior to leaving home. Based on current plans, athletes will need to begin checks by August 7<sup>th</sup>.

If any student-athlete has tested positive for COVID-19, they must have recovered and have a physician's release specific to the COVID-19 illness. This release must be forwarded to the athletic trainer prior to leaving home. **DO NOT report to campus if you are currently ill with COVID-19, in the process of being tested for COVID-19 or having had COVID-19 and recovered without having medical documentation indicating you may resume normal athletic activities.**

Any student-athlete who flies in will need to also wear a face covering the entire trip.

Coaches are to impress on their student-athletes the importance of being compliant and ensuring that these procedures are followed.

"Pre-arrival self-assessment" flyer is located in the Appendix section.

### Arriving on Campus

Students, and their family members participating in the move-in process will be asked to follow SPC policies. This includes wearing a mask, maintaining social distancing, and completing a COVID-19 screening at check-in. **DO NOT report to campus on Move-In Day if you are currently ill with COVID-19, in the process of being tested for COVID-19. Contact Residence Life to make arrangements for a later date.**

International students will be quarantined in their rooms for one week upon arrival. Meal will be provided in room, and students will undergo a daily symptom screening during that time. Students should not leave their room or receive guest for any reason during the quarantine period. If a student arrives after the start of classes the student will still be required to quarantine for one week. Arrangements will be made with instructors for the student to receive lectures and assignments virtually.

As part of the pre-participation physical student athletes must complete a COVID-19 Screening Form. The form can be located in the Appendix section.

## **Life on Campus**

Student-athletes will be informed of, understand and abide by all procedures set in place by student services including while in the residence halls, cafeteria, classroom and other areas on and off campus.

Student-athletes are strongly encouraged to get vaccinated and to wear face coverings while in public spaces and utilize proper hygienic disinfecting practices recommended by the CDC such as frequent hand washing/sanitation, not touching their faces and socially distancing themselves whenever possible.

Student-athletes will follow and adhere to all procedures set forth by South Plains College including in the classroom, cafeteria and residence halls.

Anyone meeting the criteria of a potential case of COVID-19 will follow campus procedures for handling potential cases of COVID-19.

## **Team Activities**

### *Practice*

Once on campus, student-athletes will need to submit a daily symptom check prior to any physical activity. The daily symptom check form will be accessible online, an example can be found in the Appendix section.

- A positive symptom should be immediately reported to the athletic trainer and the school nurse. The individual should then self-isolate and quarantine themselves until informed of subsequent procedures.
- Anyone meeting the criteria of a potential case of COVID-19 will follow campus procedures for handling potential cases of COVID-19 including anyone that individual who has recently been in close contact with.

Face coverings are strongly encouraged when performing physical activity and in close contact with others.

Individual team sports coaches are to impress on their student-athletes the importance of being compliant and ensuring that these procedures are followed. Noncompliance may lead to the spread of the virus, with the possibility of canceled games, and potential loss of the entire season.

Student-athletes who are healthy and do not present with any of the COVID-19 symptoms or a fever of 100F or higher are expected to participate in everyday planned team activities.

### *Weight Room/Fitness Complex*

- Smaller groups of 15 or less are ideal when using the weight room to allow for social distancing.
- Equipment should not be used without being sanitized between users.
- Disinfecting spray will be made available for disinfecting equipment between uses.
- Hand sanitizer will be available for disinfecting of hands when needed.

### *Team Meetings/Study Halls*

- Team meetings should be planned with 15 or fewer student-athletes at a time while utilizing established social distancing procedures.
- The length of team meetings should be limited to decrease the amount of time individuals spend indoors with each other.

### *Traveling to Medical Appointments*

South Plains College provides transportation of an injured student-athlete to a medical appointment. When this is the occasion, face coverings are encouraged throughout the duration of the trip. Student-athletes should follow the guidelines of the respective medical facilities.

### **Hygiene and Sanitation**

Hand sanitizer is readily accessible throughout campus and athletic facilities. It should be used often by students and staff. Disinfectant will be available for disinfecting common use items and equipment.

Maintenance and custodial staff have begun and will continue enhanced cleaning and sanitation of campus including all athletics facilities on a regular basis.

Water will continue to be provided at practices, but common use items such as team water bottles and towels will not. Individual water bottles or disposable cups will be provided. Sharing of such items is prohibited.

*Guidelines below are based on the 2020-2021 seasons, they may change as seasons approach and the NJCAA and WJCAC updates guidelines. - 08/2021*

## **Competitions**

### *Home Events*

- Student-athletes will be encouraged not to visit with spectators prior to games.
- Individual water bottles or disposable cups will be provided during games.
- Bench towels will not be provided. Student-athletes who desire the use of a towel during competition should be prepared to provide their own. Sharing of towels is highly discouraged.
- Post-game handshakes will not occur to allow for proper social distancing protocols.
- Once game has concluded, student-athletes are recommended to leave facility as soon as possible.
- It is requested that visiting teams perform a symptom and temperature check prior to leaving their school and provide results upon arrival.
- Hand sanitizers are provided behind the benches in the gym and will be with the medical bags for cross country and track for when needed.

### *Road Games*

- Prior to leaving a symptom and temperature check will be conducted of all members of the traveling group including staff, managers, athletic training students, and athletes.
- The symptom and temperature check form will be submitted to host team upon arrival.
- If any member of the traveling group, has a positive symptom that individual should then quarantine themselves away from the rest of the traveling group and contact the athletic trainer and school nurse.
- Once the team arrives at the game site, the host team's procedures should be observed.
- Social distancing will be followed as much as possible.

Buses will have enhanced cleaning and sanitation between uses.





## COVID-19 Athletic Training Room Procedures

These procedures are put in place in order to limit the potential risk of COVID-19 infection and contamination among South Plains College athletic training staff, student trainers and student-athletes.

- Student-athletes must be seeking medical assistance to enter the athletic training room. **DO NOT** enter unless you are seeking illness advice or injury evaluation, treatment or rehabilitation.
- If you believe you may have contracted COVID-19, **DO NOT** come to the athletic training room. Stay or return to your dorm room and contact the athletic trainer or school nurse for further instructions.
- Individuals are encouraged to wear a facemask while in the athletic training room.
- Individuals must have completed their daily symptom check and undergo a temperature check before entering the athletic training room.
- Individuals will enter the athletic training room one at a time and wait outside for the previous individual to complete the entry procedures.
- Student-athletes may not touch any athletic training equipment without permission of the athletic trainer including the RecoveryPump and massage tools such as the HyperVolt.
- Student-athletes will need to come in, complete what needs to be done and then leave so that other student-athletes may obtain the services they need.
- Maximum athletic training room capacity will be capped to 6 student-athletes at a time.
- Tables and equipment will be cleaned and sanitized between uses. Common spaces and surfaces (door handles, countertops, ice scoops, etc.) will be cleaned frequently throughout the day.
- Use of the whirlpool tub will not be authorized unless permitted by the athletic trainer. The tub will be drained, cleaned and sanitized regularly.
- The athletic training room bathroom will not be available to student-athletes. It is expected to be disinfected after each use by staff using disinfecting spray on all commonly touched areas (toilet seat, flush handle, faucet handle, doorknob, etc.)

### **Student Health Services**

DeEtte Edens, RN, BA, BSN  
Associate Director of Health & Wellness  
[dedens@southplainscollege.edu](mailto:dedens@southplainscollege.edu) / 806-716-2376

Dr. Rochelle Jacinto, MD  
Family Practice Physician, Medical Director

### **Local Medical Resources**

Covenant Hospital - Levelland  
1900 College Ave, Levelland, TX 79336

Greg McKay, PA-C  
Levelland Clinic North  
104 John Dupree Ave, Levelland, TX 79336  
Office: 806-894-2465 | Fax: 806-894-8897

### **Team Physician**

Dr. Kevin Crawford  
Stan Kotara, PA-C

Lubbock Sports Medicine  
4110 22<sup>nd</sup> Place, Lubbock, TX 79410  
Office: 806-792-4329 | Fax: 806-722-0230

### **References**

1. Centers for Disease Control and Prevention (<https://www.cdc.gov/coronavirus/2019-nCoV/index.html>)
2. Texas Department of State Health Services (<https://www.dshs.texas.gov/coronavirus/>)
3. Office of the Texas Governor (<https://gov.texas.gov/organization/opentexas>)
4. American College health Association  
([https://www.acha.org/ACHA/Resources/Topics/2019\\_Novel\\_Coronavirus\\_2019-nCoV.aspx?utm\\_source=ACHA&utm\\_medium=homepage\\_slider](https://www.acha.org/ACHA/Resources/Topics/2019_Novel_Coronavirus_2019-nCoV.aspx?utm_source=ACHA&utm_medium=homepage_slider))
5. National Athletic Trainer Association (<https://www.nata.org/practice-patient-care/health-issues/covid-19-coronavirus>)
6. National Junior College Athletic Association (<https://www.njcaa.org/COVID19>)

### **Appendix**

1. Pre-Participation Physical COVID Screening
2. COVID Acknowledgement of Risk
3. Example of Online Daily Symptom Form
4. Travel Party Monitoring Form

**Athlete's Name** \_\_\_\_\_ **Age** \_\_\_\_\_ **Date of Birth** \_\_\_\_\_

**Student ID#** \_\_\_\_\_ **Cell Phone** \_\_\_\_\_ **Gender**  Female  Male

**Sport**  Cheerleading  Cross Country/Track & Field  Men's Basketball  Rodeo  Women's Basketball

**Please complete this form to assess your potential exposure/possession of COVID-19 and other illnesses.**

Are you currently free from illness?  Yes  No

Prior to coming/returning to campus, did you experience, or are you currently experiencing any of the following:				
SYMPTOM	YES	NO	LENGTH OF SYMPTOM	EXPLANATION
Fever				
Body Chills				
Extreme Level of Fatigue				
Cough				
Pain / Difficulty Breathing				
Shortness of Breath				
Sore Throat				
Body / Muscle Aches				
Loss of Taste				
Loss of Smell				
Changes to Vision / Eye Discharge				

QUESTION	YES	NO
2-14 days prior to experiencing these symptoms, did you experience a suspected exposure to COVID-19?		
Have you had any direct contact with anyone who lives in or has visited a place where COVID-19 is spreading and/or is an area reporting an increased number of COVID-19 cases (i.e. "hot spots")?		
Have you had any direct contact with someone that has a suspected or lab confirmed case of COVID-19?		
Prior to coming to campus / during your time away from campus, did you self-quarantine due to suspected symptoms or exposure of COVID-19?		
Prior to coming to campus / during your time away from campus, have been living in, or have visited an reported an increased number of COVID-19 cases (i.e. "hot spots")?		

Have you previously been or you currently diagnosed with COVID-19?  
 YES  NO      DATE OF DIAGNOSIS \_\_\_\_\_

Do you have medical documentation to support your diagnosis and treatment of COVID-19?  
 N/A  YES  NO  
 PHYSICIAN NAME \_\_\_\_\_  
 PHYSICIAN LOCATION \_\_\_\_\_

Have you been vaccinated for COVID-19?  
 YES (provide a copy of vaccination record)  NO

Please list any countries/states/cities you have traveled to since March 15<sup>th</sup>, 2020 and the dates you were there:

1.	Dates:
2.	Dates:
3.	Dates:
4.	Dates:
5.	Dates:

I hereby state that, to the best of my knowledge, my answers to the above questions are complete and correct.

Student-Athlete Signature \_\_\_\_\_ Date \_\_\_\_\_



**SOUTH PLAINS COLLEGE**

**COVID-19 ASSUMPTION OF RISK**

The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization. **COVID-19 is extremely contagious** and is believed to spread mainly from person-to-person contact.

South Plains College and the Athletics Department has put in place preventative measures to reduce the spread of COVID-19 based on recommendations of the Center for Disease Control (CDC), the State of Texas Health and Human Services (HHS), the National Junior College Athletics Association (NJCAA) and the Governor of Texas in its response to COVID-19. As new information becomes available in regard to COVID-19, SPC and the athletics department will update its plans and procedures as needed.

Even while utilizing the recommended guidance, not all potential exposure to COVID-19 is entirely preventable. As a result, the college **cannot guarantee** one will not become infected with COVID-19. With this in mind, student-athletes, coaches, and staff should make a faithful effort to follow the set procedures. Noncompliance may lead to the spread of the virus, and the potential loss of games or the entire season.

South Plains College provides insurance coverage to assist in paying for injuries sustained while participating in SPC athletic activities. As such, this insurance coverage **does not** assist with illnesses of any sort including testing and treatment of COVID-19. South Plains College and the Athletics Department will, to the best of its ability: identify, isolate and assist with obtaining further care for any student exhibiting symptoms of COVID-19 following current recommended guidance.

I understand that as a South Plains College student-athlete, I must follow all guidance and recommendations set forth by the college and the athletics department to the best of my ability. I also understand the risk of associated with participating in athletics during a worldwide pandemic, and DO NOT HOLD South Plains College and its employees liable for any illness (including disability and death) associated to a COVID-19 infection while attending SPC and participating in athletics.

\_\_\_\_\_  
Student-Athlete Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent/Guardian Signature (if under 18 years of age)

English (United States)



## COVID-19 Daily Screening Form

\* Required

1. First Name \*

Enter your answer

2. Last Name \*

Enter your answer

3. Team \*

Staff

Men's Basketball



# South Plains College Athletics

## COVID-19 Travel Group Monitoring Form

Date: \_\_\_\_\_

Sport: \_\_\_\_\_

NAME	TIME	TEMP	CIRCLE YES OR NO BELOW											
			FEVER / CHILLS	COUGH	SORE THROAT	SHORTNESS OF BREATH	CONTACT W COVID-19	LOSS OF SMELL	LOSS OF TASTE	BODY ACHES				
1			YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO
2			YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO
3			YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO
4			YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO
5			YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO
6			YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO
7			YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO
8			YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO
9			YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO
10			YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO
11			YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO
12			YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO
13			YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO
14			YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO
15			YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO
16			YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO
17			YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO
18			YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO
19			YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO
20			YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO
21			YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO
22			YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO

I certify that the above listed individuals have been screened for symptoms before boarding the bus for departure.

Athletic Trainer's Signature: \_\_\_\_\_

Date: \_\_\_\_\_