RACQUETBALL PHED 1108

INSTRUCTORS SYLLABUS

Instructor: Mike Harrison Office: SPC Natatorium Phone: 806-716-2228 E-mail: <u>mharrison@southplainscollege.edu</u>

COURSE OBJECTIVE: The course is designed to teach the student the fundamentals and rules for the game of racquetball. This will help to develop an understanding and enjoyment for the game. Through the continued play and practice, a student's overall ability will improve, and through the different strategies taught, their performance and play will be enhanced.

MATERIALS NEEDED FOR THE COURE:

- a. Students will need to purchase their own racquet.
- b. Racquetball safety glasses are required and must be worn at all times.
- C. Racquetballs will be provided but students may wish to purchase their own for play outside of class.
- d. A book is not required. Class handouts containing rules, strategy of play, and other information will be given to the student. This will be test material.

GENERAL CLASS RULES:

- a. Must participate to receive a daily grade. Must come ready to play.
- b. Class attire:
 - 1. Comfortable shorts and t-shirts required.
 - a. No cut offs of any kind (shorts, shirts, sleeves, etc.)
 - b. No blue jeans allowed
 - 2. Wear only clean tennis shoes.
 - a. Must not leave black marks on the courts.
 - b. Can't be street shoes that have gravel in them, which scratch the floors.
 - c. No bare feet or socks allowed on the court.
- c. Good sportsmanship and safety of all participants is a must.
- d. A student abusing school facility or equipment will be asked to leave. Do not bang racquets on the walls or the floors.
- e. Students wanting to reserve lockers, please see Rhonda Giussani at the physical education main office.

METHOD OF EVALUATION:

- a. Attendance & Participation 70%
 - 1. Each absence after the first deducts 4 points from this grade.
 - 2. Only excused absences may be made up. For an absence to be considered excused, the student must tell the instructor before or by the beginning of the next class, why they were absent.
 - 3. Excused absences are school related activities (basketball, rodeo, livestock judging, etc.), illness, death in the family, etc. Studying for test, visits to the counselor's office, making up other classes during a scheduled racquetball class, are not excused absences.
 - 4. A maximum of 2 excused absences may be made up (excluding school related activities).
 - 5. A student will be dropped after their 5th absence.
 - 6. Class starts on time. Points will be deducted if a student does not arrive on time. A tardy may not be made up. Tell the instructor about any excused reason.
 - 7. Procedure for making up any excused absence:
 - a. To receive full credit, a student must make up the class by participating in another of my classes, swim or water aerobics. If approved, class may be made up in another racquetball class. Last day to make up a class _____.
 - b. Student may receive ½ credit by scheduling a "racquetball play on your own" time. This play time must be arranged with the instructor.
- b. Tests' 20%
 - 1. A racquetball rules test will be given, which will count towards 10% of the grade.
 - 2. A skills test will be given, which will count toward 10% of the grade.
- c. FINAL 10%
 - 1. A written final will be given on _____ during finals week over rules and strategy of play.
 - 2. A student will not be required to take the final if they do not have more than 1 absence and have averaged at least a 70 on the previous two test.

LAST DAY TO DROP COURSE : ______.

SPC Standard Disability Statement: Students with disabilities, including but not limited to physical, psychiatric, or learning disabilities, who wish to request accommodations in this class should notify the Disability Services Office early in the semester so that the appropriate arrangements may be made. In accordance with federal law, a student requesting accommodations must provide acceptable documentation of his/her disability to the Disability Services Office. For more information, call or visit the Disability Services Office at Levelland (Student Health & Wellness Office) 806-716-2577, Reese Center (Building 8) 806-716-4675, or Plainview Center (Main Office) 806-716-4302 or 806-296-9611.

Concealed Handgun License:

1. You must possess a License to Carry or the former Concealed Handgun License to lawfully carry on campus.

2. Only handguns are permitted.

3. You must conceal the firearm. It is still an offense to carry a firearm that is openly displayed on college property.

4. The firearm must be on or about your person at all times (concealment in bags and purses is permitted if within your reach) or it must be locked in an approved safe or locked in your vehicle.